



Idaho School Counselors Association

Connecting Students with Their Future



- *Mission: to promote excellence in school counseling by empowering Professional School Counselors to meet the needs of students and constituents.*

Services Provided by Professional School Counselors

- ✓ Individual & Group Counseling
- ✓ Career Development & Planning
- ✓ Mental Health Counseling
- ✓ Coping Strategies
- ✓ Prevention Programs (Bullying, Drop Outs, Drugs Suicide, etc).
- ✓ Goal Setting & Decision Making
- ✓ Analysis of Student's Strengths & Abilities
- ✓ Grief & Crisis Counseling
- ✓ Teacher Consultation
- ✓ Behavior Management
- ✓ Parent Consultation & Education
- ✓ Development & Maintenance of 4 year education plans
- ✓ Test Coordination: ACT, SAT, NMSQT, AP, ISAT

School Counselors Make
World of Difference





- **Professional School Counselors** *are certified/licensed educators with a minimum of a master's degree in school counseling making them uniquely qualified to address all students' academic, personal/social and career development needs by designing, implementing, evaluating and enhancing a comprehensive school counseling program that promotes and enhances student success.*



Education = future
MORE EDUCATION = MORE OPPORTUNITIES

The Role of the Professional School Counselor

IDAHO SCHOOL COUNSELING MODEL: A Framework for Comprehensive Programs



Third Edition
Revised May 2004

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School counselors provide counseling programs in three domains: academic, career and personal/social. Counselor services and programs help students resolve emotional, social or behavioral problems and help them develop a clear focus or sense of direction. Effective counseling programs are important to the school climate and a crucial element in improving student achievement.

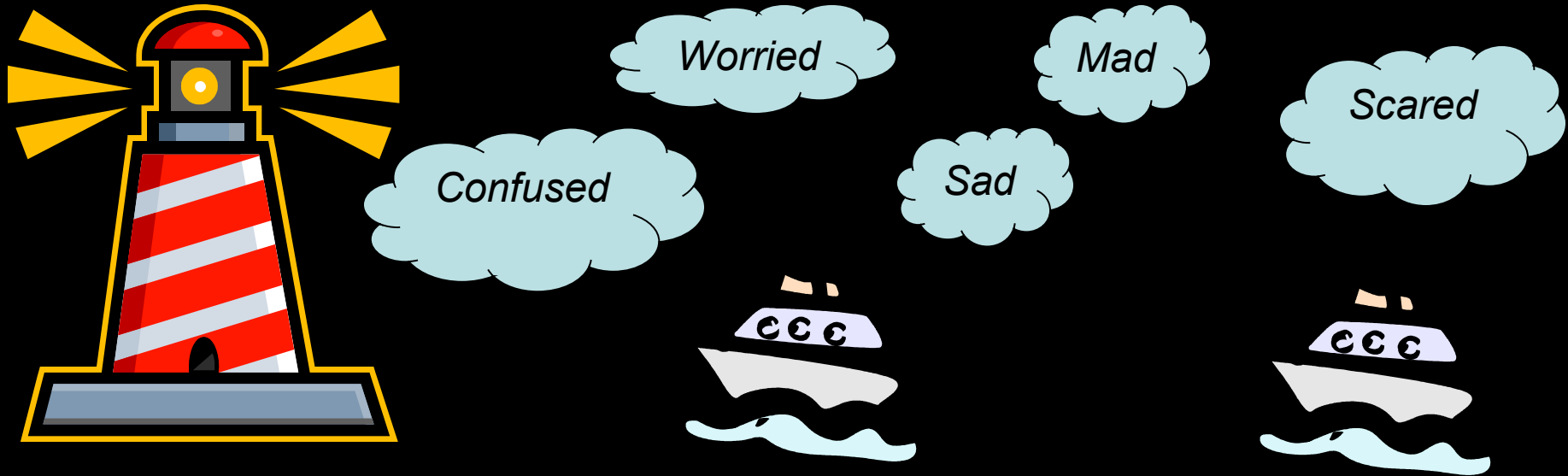


The Idaho School Counseling Model

- *The Idaho School Counseling Model, supports a school's academic mission by promoting and enhancing the learning process for all students.*
- *Using the model, counselors integrate academic and professional-technical development, life and career development, and personal and social development.*



- *The map represents the paths students take through the educational process that prepare them for their future.*
- *The compass symbolizes parents, teachers, and other adults who educate and model information and skills which point students in the right direction towards adulthood.*



- *As students sail through the waters of school, storm clouds occasionally form and interrupt the educational process.*
- *Counseling provides an opportunity for students to safely learn about and explore their social/emotional issues and to provide insight into behaviors which support positive mental health within the educational process.*
- *Counseling provides support and interventions for students, parents, teachers, and administrators.*

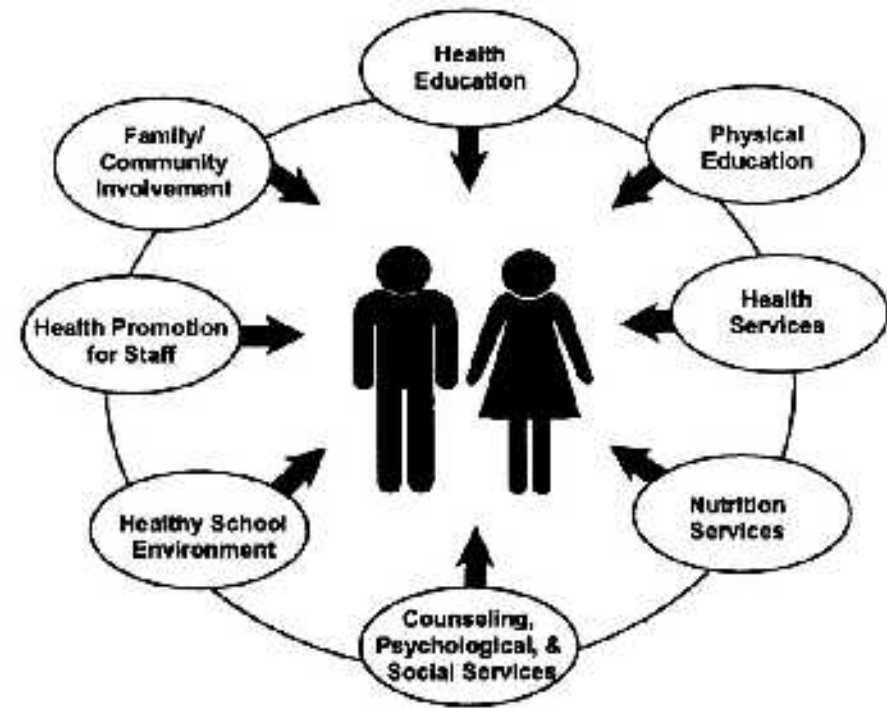


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Elementary Counseling

Helping create healthy, competent, and confident learners

Elementary School level Counseling activities



- *Individual counseling*
- *Group counseling*
- *Facilitating healthy social interaction*
- *Classroom character building*
- *Coordinator of community resources*
- *Clubs (kindness, social & educational)*
- *Administrative support roles*
- *Parent and student advocates*
- *Often testing coordinators*
- *Support & role model to students at our schools*



Elementary School Counseling Activities



- *At Falls Valley Elementary, in Bonneville School District #93, students are taught, by a Professional Counselor, that small acts of kindness make a big difference in another persons life.*
- *Each child colored a hand to add to the kindness tree as a pledge and reminder that small acts of kindness make a BIG difference.*



Career on Wheels Day!
Bonneville School District #93

Career on Wheels Day Benefits

- ✓ *Life & Career Development.*
- ✓ *Exposure to career awareness.*
- ✓ *Students learn the education and training requirements.*
- ✓ *Personal career goals are set.*





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Middle School Counseling

Molding productive, contributing members of society

Middle School can feel like a *HURRICANE...*

Divorce *Mental illness*
Puberty *Abuse* *Boyfriends*
Friendship problems *Grief* *Girlfriends*
Academic problems *Anxiety* *Family Problems*



- *As school counselors, we are in the eye of the middle school hurricane.*
- *Middle School Counselor offices are the shelter from the storm, a quiet place in the middle of the tempest where kids can go for understanding, support, and guidance.*



A close-up, angled shot of a dark chalkboard. The word 'Education' is written in a large, white, cursive font. Below it, the phrase 'MORE EDUCATION = MORE OPPORTUNITIES' is written in a smaller, white, sans-serif font. The background is a warm, golden-brown gradient.

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High School Counseling

Providing proactive leadership and encouraging students to reach their full potential



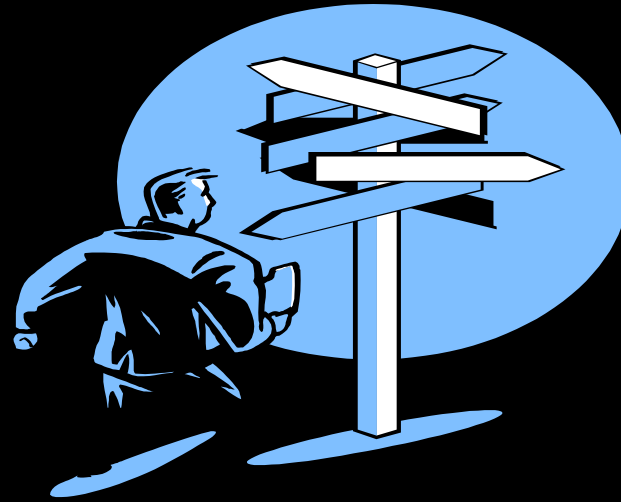
As adolescents reach adulthood they are faced with critical choices that will encourage them to become responsible citizens including: career choice, higher education and employment, as well as learning to deal with social challenges such as: sex, drugs, alcohol, and relationships with peers and family.

High School Activities

College

Career

Relationships

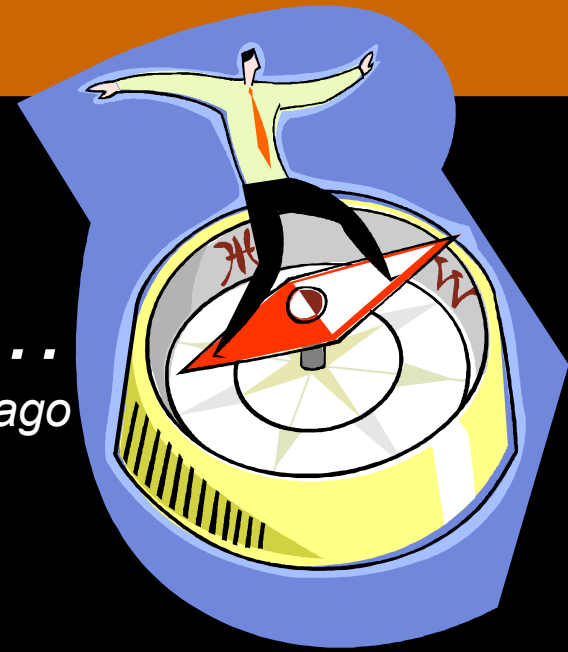


Military Service

- *Post-secondary planning and application process.*
- *Administration of achievement, personality, and interest inventories.*
- *Computer aided career exploration at each grade level.*

School Counseling is changing..

Counseling today is much different than counseling 10 years ago

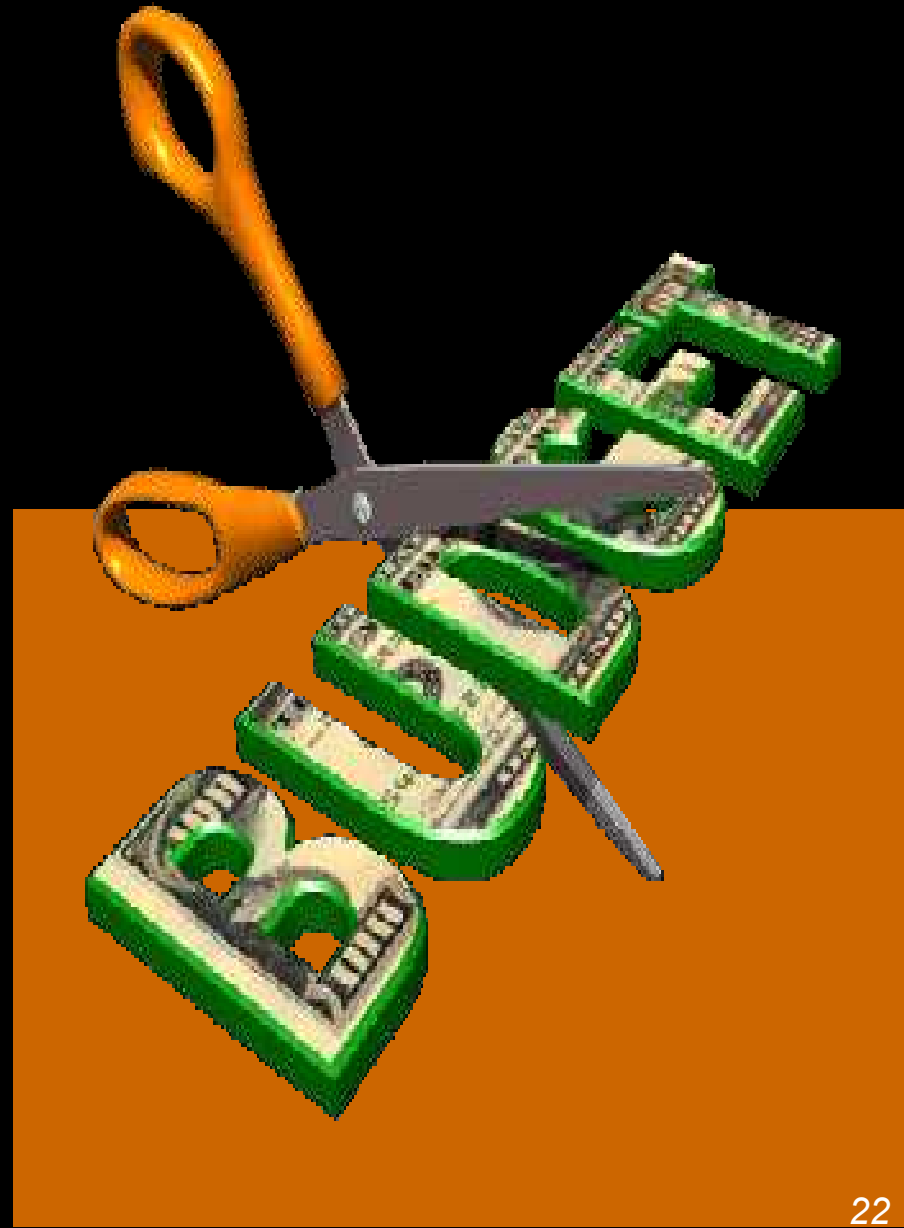


- Life in the 21st century is unpredictable. Students today are faced with unique challenges including technological advances, changes in social status (due to the unstable economy), change in the nuclear family (divorce), substance abuse issues and preparation for life in a world that is ever-changing. Now more than ever students need trained professionals to guide them in their decision-making, so they can become productive responsible adults who can contribute to our communities.*

Headline in Idaho Falls on March 15, 2009...

IDAHO FALLS, Idaho (AP) Budget Cuts Concern District 93 Patrons.

Impending budget cuts have Bonneville Joint School District 93 patrons worried. On Tuesday, 14-year-old Akela Getsinger presented district trustees with a petition containing 300 signatures from students, teachers and parents, urging them to keep counseling services in the schools. Cutting counselors is one option officials are considering to cope with expected budget cuts. (As reported by the Post Register in Idaho Falls)



What counselors need

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"TODAY I WAS VISITED BY NINE STUDENTS
AND TWO TEACHERS."

- ✓ *Designated funding to support Counseling Departments.*
- ✓ *Understanding the need for trained professional counselors to provide services at each level of public education.*
- ✓ *Legislative support for counselor related issues.*

**If there
are no
School Counselors,
who will direct students on their
path to becoming
productive adults?**



- School Counselors are making a difference in the lives of students! We want to thank you for your support and commitment to our children.*