

TELEHEALTH PROVIDERS IN IDAHO DIRECTORY

Listed Alphabetically by Last Name

This information was collected via a survey sent out to counselors in the State of Idaho by the Idaho Counseling Association in early 2020. Only providers currently taking new patients are included. If you have since received training to provide telehealth services and would like to be added to this directory, please email the Idaho Counseling Association at idahocounselingleadership@gmail.com.

Steve Bezdeka

Email: bezdstep@isu.edu
Location: Hailey
Specialty(ies): Emotional/anger regulation; Teens, adults, families; Couples; DV perpetrator treatment; Parenting/custody; Healthy sexuality

Megan Brown

Email: megan@inspiredlifeidaho.com
Location: Meridian
Specialty(ies): Trauma, teens, LGBTQ+

Rona Brumpton, LCPC, LMFT

Email: rona657@gmail.com
Location: Nampa
Specialty(ies): Relationship struggles, grief, depression, anxiety, self-esteem, conflict, communication, etc.

Lisa Butterworth

Email: lisabutterworth@gmail.com
Location: Boise
Specialty(ies): Sex Therapy

Geianne Choate

Email: geiannechoate@gmail.com
Location: Castleford
Specialty(ies): Anxiety, depression, PTSD

John Condron, LCPC

Email: jcondronLCPC@gmail.com
Location: Pocatello
Specialty(ies): Sex therapy, trauma therapy

Stefanie Corbett, LPC, NCC

Email: scorbett.sud@gmail.com
Location: Meridian
Specialty(ies): Anxiety, Stress, Trauma, Depression, Addiction

Heather Davis

Email: treasurevalleycounselor@gmail.com
Location: Boise
Specialty(ies): Grief and Loss

Maxwell Dusky

Email: maxwellohvdume@gmail.com
Location: Meridian
Specialty(ies): LGBTQIA

Lori Farrens, LCPC

Email: ecc@empoweringchoicescounseling.net
Location: Nampa
Specialty(ies): Chemical Addiction, Sex Addiction / Problematic Sexual Behaviors, Responders 1st

Cyndia Glorfield

Email: glorcynd@isu.edu
Location: Boise and Twin Falls
Specialty(ies): Depression, anxiety, abuse, adolescents, couples, families

Rebecca Gonzales

Email: rebeccalgonzales75@gmail.com
Location: Boise
Specialty(ies): Couples, families, trauma, anxiety, depression

Anne Hedelius, LPC

Email: annehedelius@live.com
Location: Nampa
Specialty(ies): Adoption, women's issues, parenting

Heather Hieb, LPC, NCC

Email: hhieb@asmh.org
Location: Boise, Mountain Home, Nampa
Specialty(ies): Play therapy, children teens and families

John S. Hochhalter

Email: johnhochhalter@gmail.com
Location: Nampa
Specialty(ies): Depression, Anxiety, OCD Marriage counseling

Marcy Humphrey

Email: marcy@bluehummingbirdcounseling.com
Location: Boise
Specialty(ies): Anxiety, couples counseling

Amy Kappel, LCPC

Email: info@auracounseling.com
Location: Nampa
Specialty(ies): Substance Use Disorders, trauma, depression, groups

Jennie Keane, MBA, M. Ed., LPC

Email: jennie@wellnesstherapycda.com
Location: CDA
Specialty(ies): individual, teens, young adults, family, couples, business therapy,

Lindsay Kenley, LCPC

Email: lindsaykenley@authenticself-healing.com
Location: Meridian
Specialty(ies): Couples, Anxiety, Depression, Trauma, Addiction (While I do not treat people for addiction within Telemental Health as I do not believe it's the appropriate level of care)

Deborah K. Krajcir

Email: dkkcounseling@gmail.com
Location: Coeur d'Alene
Specialty(ies): Over 20 years experience with a broad variety of presentations. In addition to the more typical cases of anxiety and relationship issues, I have done extensive work with crisis, trauma, grief, high conflict situations, self injury, and suicidality.

Gail Laferriere

Email: gail.laferriere@nic.edu
Location: Coeur d'Alene
Specialty(ies): Career Counseling

Jennifer Lamb

Email: jlamb@jmbtherapy.com
Location: Boise
Specialty(ies): LGBTQIA community, couples (poly/kink friendly)

Lori Lodge

Email: lodgecoaching@gmail.com
Location: Boise
Specialty(ies): EMDT, EFT Couples, Anxiety, Depression, Career Counseling, Coaching

Cristy McDowall

Email: beyondawakeningcounseling@gmail.com
Location: Eagle
Specialty(ies): Trauma

Julie Meza

Email: julie@auracounseling.com
Location: Boise
Specialty(ies): EMDR, solution focused, person centered, vocational rehabilitation, motivational interviewing

James Mhoon

Email: jim@lovinglifecenter.com
Location: Meridian
Specialty(ies): Marriage and Family, Men's Issues

Scott Miller

Email: tiacnow@gmail.com
Location: Rigby
Specialty(ies): Domestic Violence, Trauma

Ed Northam, Ph.D.

Email: renewalmhs@gmail.com
Location: Nampa
Specialty(ies): Depressive and Anxiety Disorders

Rena Oates

Email: renamoates@gmail.com
Location: Boise
Specialty(ies): Sex, relationships, insight, gender, identity, LGBTQ+, anxiety, love, nontraditional relationships, depression, grief

Catherine M. Perusse, LCPC, NCC

Email: sevenpeakscounseling@gmail.com
Location: Sandpoint
Specialty(ies): CBT, DBT, Mindfulness, Suicidal Behavior, EMDR

Jorge D. Reyes

Email: emailittojorge@gmail.com
Location: Eagle
Specialty(ies): EMDR therapy, SUD, SFBT

Aileen Roberts

Email: aroberts@serenitylighthousecounseling.com
Location: Meridian
Specialty(ies):

David Routt

Email: dave@totiustherapies.com
Location: Caldwell
Specialty(ies): Couples, families, trauma, difficult behaviors in children

Violet Rudd, MA, LMFT

Email: Violet@mwrservices.org
Location: Coeur d'Alene
Specialty(ies): Marriage and family therapy, Anxiety, Relationship challenges, Life transitions

Jaci Smithee

Email: jaci@somethingdifferentcounseling.com
Location: Boise
Specialty(ies): Trauma, Grief/Loss/Suicide, Relationships, Codependency, Personality Disorders, Addictions

Michael Snowden

Email: snowmichlmsw@gmail.com
Location: Idaho Falls
Specialty(ies): SUD, Depression, Anxiety, Bipolar, Borderline personality disorder, PTSD

Krysteena Stephens

Email: krysteena@treecitywellnessid.com
Location: Boise
Specialty(ies): marriage & family therapy, anxiety, depression, parenting, identity, life transitions, grief & loss

Christine Tolman

Email: tolmancounseling@gmail.com
Location: Meridian
Specialty(ies): Sex, gender, anxiety, depression

James Warner

Email: skidreams@earthlink.net
Location: Hailey
Specialty(ies): Developmental psychology, children and adolescents, Family support, performance psychology, adults

April Watts

Email: aprildwatts@gmail.com
Location: Boise
Specialty(ies): Anxiety, self esteem, young adults, trauma, transitions.

Tom Wilson

Email: twcc@tomwilsoncounseling.com
Location: Boise
Specialty(ies): Telehealth-based Alcohol and Drug Abuse Assessments for Courts. Online Alcohol and Drug Education, ASAM Level 0.5. Online Cognitive-Behavioral Intervention programs for justice-involved individuals