

# COUNCIL OF LEADERS MEETING NOTES (revised) Sunday October 27, 2013

**Present:** Present: Jennifer Browning, Melanie Person, Kendal Tucker, Kristin Lister, Sue Holmes, Sean Nixon, Lynn Bohecker, Hannah Hamilton, Alana Brunner, Heather Davis.

- 1. Call to Order and Introduction: call began at 7:02 p.m.
  - Nov 30th is the deadline (submit to Lori Fairgrieve) for ICA award nominations.
  - The award nomination form was sent out on the list serv and will be resent to those who need it sent out again.
- 2. Adoption of Agenda: \*not an official board meeting
- 3. **Secretary's Report:** No report
  - Kendal emphasized the importance of having *all* Treasurer reports, from each division, on time. August 1st is the deadline. Each division has autonomy, but we are all under the same 501c3.
  - It has been requested that each division treasurer communicate with Chandra so that she can pass the info onto the Finance committee.
  - Kendal requested that each division president submit a current list of board members both to her and to Sue.
- 4. **Treasurer's Report:** No report (Chandra not present)
- 5. **Executive Director's Report:** No report
  - Currently working on conference registration, conference questions, items for next year's conference in Pocatello, membership (emailing expired members), registration reminders, and division reminders.
- 6. President's Report:
  - Strategic initiatives:
    - o Advocating for the profession: Public Policy and Legislation
    - o Strengthening ICA through governance and organization: continual
    - o Improve member services and satisfaction and provide need-based educational services, , and academia: continual (Hannah will address this during this call
    - o Advocating for the profession & increasing visibility of the organization: ongoing
  - Idaho Distance Counseling Committee:
    - Kendal has been requested (by IBOL) to chair a distance counseling committee. Their task is to research things that going on in the Federal and State "arenas" to see what other states are doing in regards to the laws and guidelines for telemental health and distance counseling.

- Idaho Telehealth Task Force (statewide)
  - o Counselors/MF therapists were not originally included in the task force. Kendal requested that we be included and they openly welcomed us.

#### PPl Advocacy Training

- o Working on developing a training and powerpoint.
- o Advocacy trainings were held in Pocatello & Boise.
- The information will also be shared at the upcoming ICA conference via breakout session.
- PP&L is growing.
- o A meet-and-greet breakfast with the legislators will be held in the Capitol rotunda, on the opening day of the legislative session. Dates and further details will be announced soon.
- O Division presidents are requested to attend the meet-and-greet, or send a representative. (she thinks it is on Feb.13th).
- \*\*\*\*Please communicate with Kendal if you are not receiving Beronica's emails regarding PP&L
- o It would be helpful for divisions to donate/contribute to the PP&L budget.

#### • Potential New ICA GLBT division:

- o A doc student has proposed forming the new division.
- o More info will be sent out on the list serv for those who are interested
- Assisting Western Region Chair in Nevada leadership development:
  - Kendal & Heather Tustison, and Sean have been helping Nevada with their leadership development.

### President-Elect's Report:

- o Susan had her baby girl (on Oct.25<sup>th</sup>) :0)
- O She has been very involved this year to prepare for her term.

## 7. Division President's Reports

- a. IACES:
  - Still planning to do the student awards for the poster presentations and set up a table at the ICA conference.
  - In the process of selecting a distinguished presenter.
  - Currently working on ideas for a Spring event.

#### b. ICDA:

- David Wallace not present
- Will possibly have an exhibit at the conference

# c. IDAMFC:

- Fall get together picnic was good.
- Preparing new bookmarks for print and distribution on "how to thrive during the holidays".
- Attended governor's task force on child safety. Sean made contact with their board members to request that counselors be added to the task force (currently consists primarily of social workers).
- Planning their next workshop.
- Idaho Association of Marriage and Family Therapists have been discussing approaching IBOL with a request to reduce hours for marriage & family therapists. The Association of Marriage & Family Counselors are not in support. Sean is in communication with the IDAMFT regarding this issue.

#### d. IMHCA:

- Having their (yearly) fall ethics training. This one is on the DSM-V (in October).
- Scholarship college essay contest, ends Nov. 1<sup>st</sup>. \$250 will be given to two students.
- Would like to present a Distinguished Counselor Award to an IMHCA member at the ICA conference. Information on how to nominate someone is on the IMHCA website under the Professional Development tab.
- Prepping for a DSM-V webinar series in the spring. These will consist of five, 2 hour seminars presented by Barry Watts.
- Jennifer will check with to see if the Idaho Mental Health Providers Association would like to have a booth at the ICA conference & report back to Kendal.
- e. ISCA: (not present)
  - Just finished with their annual conference.
  - (per Sean) Attendance was 100-130 (school budget cuts have significantly impacted their attendance)

# 8. Committee Chair's Reports

a. Awards Chair: not present

b. Bylaws Chair: not filled

## c. Conference Chair:

- Sent out info (via mail) to 5200 licensed practitioners in Idaho incl. Social Workers, Psychologists, Counselors, and Marriage & Family Therapists
- Putting together the mailing brochure containing the conference schedule, list of activities, etc.
- Currently registered= 65 (more than we've had at this point in past years)
- Tentative schedule will be finalized this weekend (it is currently posted on the website)
- \*A few changes to take note of:
  - There will no longer be an ICA sponsored Thursday night social. It is instead being promoted as a night for divisions, alumni associations, and groups friends to get together. Contact Sean if your division or alumni group would like to do.
  - Friday, January 30th (at lunch) is when the divisions will have the opportunity to hold their business & member meetings. Lunch will be 1.5 hours
- Friday night: The new get-together/social event is called "Group Therapy". It is \$30 per person or \$50 per couple (Sean suggested signing up early so you don't miss out!). It will be hosted by an improve group.
- Divisions: Distinguished presenters info needs to be submitted by each division ASAP. Each division is awarded \$200 from ICA to be used for a distinguished presenter.
- Awards nominations are due November 30<sup>th</sup>
- Scholarship applications are due November 30<sup>th</sup>. **Must be a member in order to receive a scholarship**\*
- The Conference Committee is asking that each division do a table, at a lower cost (\$50 for the two days). Info will be sent out to those who are interested.
- Silent auction items are still needed. Please contact your members & help solicit silent auction items/services. \*The money from the silent auction helps to supply scholarships for the conference and helps to provide scholarship funding ICA members who wish to attend ACA functions.
- Vendor and exhibitor forms, hotel info, and donation forms are on the website
- Working on the 2015 conference in Pocatello. Possible topics: Eating disorders (pre-conference) and trauma work/trauma training.

# d. Finance Chair: not present

- e. Graduate Students Chair: : (Brian not able to attend but sent an update to Kendal)
  - Reel-to-Reel movie nights have been a success. Brian would like to encourage division presidents to consider hosting.
  - Working on talking to some more university classes in November to recruit volunteers, etc.
  - Brian has a possible committee chair replacement for when he graduates
  - Brian has been working on ideas for social functions for professionals
- f. Human Rights (Humanitarian Chair): not present
  - The Empty Plate recipient has not yet been solidified
- g. Leadership Development Chair:
  - Leadership Development has Nicole Hill as their distinguished presenter. (Lynn's email to Nicole was making that request on behalf of Kendal, as President, for the Graduate and New Professionals Track).
  - No report
- h. Media (Newsletter) Chair: Amber not present
  - Working on brochures, etc. for the upcoming conference
- i. Membership Chair: see report; Nominations and Elections:
  - The graduate student & new professional promotional offer has been sent out. 140 were sent & 20 were returned/utilized
  - In the process of creating a print screen, step-by-step tutorial for counselors on how to set up their profile on the ICA website.
  - Would like to have a table at the conference where counselors can create their profile, take a picture, etc.
- Public Policy and Legislation (P, P & L) Chair: Beronica not present.
  - Beronica has been actively involved in this committee & working hard to further develop it.
  - Those interested in being part of the committee should contact Beronica.
- k. Professional Standards Chair:
  - Has been working with Susan Perkins to ensure we are following the NBCC standards for CEUs
  - Divisions need to have approval *before* offering a workshop with CEUs. The sign up sheets and evaluation forms need to be submitted afterwards.
  - Sue needs to have a copy of the sign up sheets as well.
  - The NBCC standards will be communicated to all division presidents via email.

# 9. Old Business: none

- **10.** New Business Action Items Submitted by COL Leaders: Discussion on conference presenters "do they pay"? (15 minute allotment)
- Jennifer: List of concerns with having presenters pay:
  - No other conferences she has presented at have asked her to pay. If they had, she would not have presented. Some have even offered her a free booth & some small gifts.
  - ➤ The overall quality of speakers/presenters
  - > Types of presenters/speakers, specifically those who would not normally attend ICA. The concern is that we would be limiting our pool of speakers/presenters and those who would attend.
  - (she feels that) If they're attending the full conference they *should* pay. If they are only presenting during breakout sessions then they *should not* have to pay.
- Kristin: has a question as to whether or not the distinguished presenters/speakers need to pay.
  - > -They do not need to pay and ICA gives each division \$200 to use toward their distinguished speaker.

- Melanie (IACES): Why do we have it structured for presenters to pay?
- Sue: shared a few things/reasons she has heard regarding Melanie's question-
  - ➤ 1.) We are part of ACA & that's how they do it
  - ➤ 2.) As a professional, it is a way of giving back to the association
  - > 3.) The financial piece

#### Sean:

- ❖ ICA typically has 60 to 90 presenters per year, which would mean that's \$6,000-18,000 that the association would be losing out on
- ❖ Has contacted all of ACA's state branches to find about what they have been doing in regards to having presenters pay (15 responded- the majority require their presenters to register). We are comparable to how other states are doing this.
- The Conference Committee has recommended that we continue to charge full conference fee for all presenters. They're open to offering some sort of discount in the future.
- \* Regarding the concern about the possible reduction in proposals: this year, the committee had to reject 20% of the proposals that were submitted due to the amount of time and space available.
- Kendal stated that the Conference Committee is within the context of the bylaws with regards to their decision.

# 11. Next Meeting: January 29, 2014 5:30 p.m.

\*Please note the meeting time is different than originally scheduled.

- It will be held the night before the conference and is an *official meeting*, therefore official reports need to be submitted prior to that meeting.
- Menus will be sent out once the restaurant is confirmed. COL and division presidents will have dinner provided. Division presidents- Please contact Kendal or Sean ASAP if you are planning to have your president-elect attend (space is limited).
- ✓ Call ended at 8:18 p.m.